



# LOOKING FOR A WAY TO STAY ACTIVE?

**MORE THAN 25 CLASSES**

offered at The Pasadena Senior Center via Zoom beginning October 12

Go to [tinyurl.com/PSCClass](https://tinyurl.com/PSCClass)



## **NEW! Membership not required to join classes!**

*Members pay \$10 less than Non-Members.*

Join us now and take a class from anywhere in the world in the comfort of your living room!  
Registration deadline is October 9.

For more information contact:  
[Info@PasadenaSeniorCenter.org](mailto:Info@PasadenaSeniorCenter.org)

Register online at [tinyurl.com/PSCClass](https://tinyurl.com/PSCClass)

*engage • enrich • empower*

- Art and Joy of Sewing
- Ballroom Dancing (Solo)
- Ballroom Line Dancing (Solo)
- BollyX LIT
- Chair Aerobics
- Creative Writing
- French
- Making Sense of the News
- Pep Up Your Life
- Pilates
- Qigong and Tai Chi
- Spanish
- Strength Training
- Tap
- Watercolor, Advanced
- Yoga
- Zumba Gold